

# Knitables

## 'Thank You' Teddy



### Measurements

Standing teddy measures approximately 24cm (9½in), from the soles of feet to the top of the hat

### Equipment and Materials

One pair of 3.25mm knitting needles (UK10 / US3). Plus, a spare needle or stitch holder

One wool sewing needle

Good quality washable polyester toy filling

### Yarn

Head, feet, arms and ears: **Yarn A** DK yarn in the colour of a teddy bear, approximately 16g (56m)

Body, legs, arms and hat: **Yarn B** DK yarn in the colour of scrubs, approximately 35g (70m)

Nose, mouth and eyes: **Yarn C** DK yarn in brown or black, oddment of yarn

Mask: **Yarn D** DK yarn in white, 4g (9m)

## Abbreviations

<b>K</b>	Knit
<b>P</b>	Purl
<b>st(s)</b>	Stitch(es)
<b>beg</b>	Beginning
<b>m1</b>	Make one stitch by picking up the horizontal loop before next stitch and knitting into the back of it
<b>Inc 1</b>	Increase one by knitting into the front and back of the stitch
<b>K2 tog</b>	Knit two stitches together
<b>SSK</b>	Slip, slip, knit (Decrease - slip the next stitch on the left needle knitwise, then slip the next stitch on the left needle purlwise. Take the left needle and knit through the front of the two slipped stitches on the right needle)
<b>sl1</b>	Slip 1 stitch (stitch is passed from the left needle to the right needle without being knitted, slip purl-wise)
<b>pssso</b>	Pass slip stitch over (pass the slipped stitch over the knit stitch and off the needle)
<b>st-st</b>	Stocking stitch (1 row knit, 1 row purl)
<b>moss</b>	Moss stitch (K1, P1)
<b>B &amp; T</b>	Break yarn, leaving a long end. Thread through remaining stitches on needle, draw up tightly and secure by threading yarn a second time through sts

## Tension

When knitting toys personal knitting tension is not too much of a concern. However, if your knitting tension is generally on the looser side then you may want to move down a needle size to prevent the stuffing from showing through when the teddy is stretched.

## Instructions in round brackets

These are to be repeated the number of times stated after the closing bracket.

## Making up

To create a neat, invisible seam when joining pieces use a mattress stitch, with right side of work uppermost. When casting on leave a length of yarn that could be used to sew up the seam if required.

## Tutorials

For tips and advice on the various stitches and techniques used in this pattern, please refer to the video tutorials on [www.knitable.com](http://www.knitable.com).

## Toy Safety

This adorable bear is sure to become a much loved, child's toy, so please ensure that attached pieces are sewn on very securely and seams are tightly finished off. Use only new, hygienic, washable toy stuffing.

## 'Thank You' Teddy

### Legs and Body

#### Left Leg

Begin at sole of foot and with yarn **A** cast on 8 sts

**Row 1** (K1, Inc 1) 3 times, K2 (11 sts)

**Row 2** Purl

**Row 3** K1, (m1, K1) 10 times (21 sts)

**Row 4** Purl

**Row 5** K1, (m1, K2) 10 times (31 sts)

**Rows 6 - 14** Beg with a Purl row, st-st 9 rows

**Row 15** K4, (K2tog) 2 times, K7, (K2tog) 6 times, K4 (23 sts)

**Row 16** Purl

**Row 17** Change to yarn **B**, K12, (K2tog) 4 times, K3 (19 sts)

**Row 18** Knit through back of loops (*This produces a tight, twisted stitch*)

**Row 19** K1, (Inc 1, K2) 6 times (25 sts)

**Row 20** Knit through back of loops

**Rows 21 - 36** Beg with a Knit row, st-st 16 rows

**Row 37** K2tog, K21, SSK (23 sts)

**Row 38** Purl

**Row 39** K2tog, K19, SSK (21 sts)

*Break yarn and leave these stitches on a spare needle or a stitch holder*

#### Right Leg

Work as given for left leg to **Row 14** then continue as follows:

**Row 15** K4, (K2tog) 6 times, K7, (K2tog) 2 times, K4 (23 sts)

**Row 16** Purl

**Row 17** Change to yarn **B**, K3, (K2tog) 4 times, K12 (19 sts)

Then continue as given for the left leg from **Row 18** to the end

**Row 40** With the wrong side of both legs facing, Purl across the stitches of the right leg and then Purl across the stitches of the left leg, to join the two legs together (42 sts)

**Rows 41 - 42** Beg with a Knit row, st-st 2 rows

**Row 43** K6, (m1, K10) 3 times, m1, K6 (46 sts)

**Row 44** (K1, P1) to end

**Row 45** (P1, K1) to end

**Row 46** (K1, P1) to end

**Rows 47 - 54** Beg with a Knit row, st-st 8 rows

**Row 55** K5, K2tog, K10, K2tog, K8, SSK, K10, SSK, K5 (42 sts)

**Rows 56 - 60** Beg with a Purl row, st-st 5 rows

**Row 61** K4, K2tog, K9, K2tog, K8, SSK, K9, SSK, K4 (38 sts)

**Rows 62 - 64** Beg with a Purl row, st-st 3 rows

**Row 65** K7, (K2tog) 3 times, K12, (SSK) 3 times, K7 (32 sts)

**Rows 66 - 70** Beg with a Purl row, st-st 5 rows

**Row 71** (K2, K2tog, K1) 3 times, K2, (K1, SSK, K2) 3 times (26 sts)

**Row 72** *Next and every following alternate row:* Purl

**Row 73** (K1, K2tog) 4 times, K2, (SSK, K1) 4 times (18 sts)

**Row 75** Cast off

Join the decrease edges at the centre front of the trousers to form the crotch. Using yarn **A**, work a gathering thread through the cast on stitches at the sole of the feet and pull up tightly. Join the seams from the soles of the feet to the top of the trouser legs, using the appropriate coloured yarn. Stuff the foot and trouser leg firmly, shaping as you go. Now join the centre back seam, leaving the cast off edge open. Stuff the body firmly, turning and moulding as you work.

## Head

Begin at end of nose and with yarn **A** cast on 7 sts

**Row 1** (K1, Inc 1) 3 times, K1 (10 sts)

**Row 2** *Second and every following alternate row:* Purl

**Row 3** (K1, m1) 9 times, K1 (19 sts)

**Row 5** K1, m1, K6, m1, K5, m1, K6, m1, K1 (23 sts)

**Row 7** K1, m1, K8, m1, K5, m1, K8, m1, K1 (27 sts)

**Row 9** K1, m1, K10, m1, K5, m1, K10, m1, K1 (31 sts)

**Row 11** K4, SSK, K2, K2tog, K1, m1, K2, m1, K5, m1, K2, m1, K1, SSK, K2, K2tog, K4 (31 sts)

**Row 13** K10, m1, K2, m1, K7, m1, K2, m1, K10 (35 sts)

**Row 15** K12, m1, K2, m1, K7, m1, K2, m1, K12 (39 sts)

**Row 17** K13, m1, K2, m1, K9, m1, K2, m1, K13 (43 sts)

**Row 19** K4, (m1, K2) 7 times, K7, (K2, m1) 7 times, K4 (57 sts)

**Row 20 - 30** Beg with a Purl row, st-st 11 rows

**Row 31** K3, (K2tog, K5) 7 times, K2tog, K3 (49 sts)

**Row 32** *Next and every following alternate row:* Purl

**Row 33** K2, (K2tog, K4) 7 times, K2tog, K3 (41 sts)

**Row 35** K2, (K2tog, K3) 7 times, K2tog, K2 (33 sts)

**Row 37** K1, (K2tog, K2) 7 times, K2tog, K2 (25 sts)

**Row 39** K1, (K2tog, K1) 7 times, K2tog, K1 (17 sts)

**Row 41** K1, (K2tog) 8 times (9 sts) B&T

Work a gathering thread through the cast on stitches at the nose, pull up tightly and join the seam from the nose to the chin. Then working down from the gathered back of head, join the seam, leaving an opening of approximately 2.5cm at the base of the head. Fill the head with small amounts of stuffing at a time, taking care to push the stuffing well into the nose to shape it. The head should be firm to the touch but avoid overstretching the stitches.

**Ears (make two)**

Begin at the base of the ear and with yarn **A** cast on 7 sts

**Row 1** (K1, Inc 1) 3 times, K1 (10 sts)

**Row 2** *Next and every following alternate row:* Purl

**Row 3** K2, m1, K3, m1, K3, m1, K2 (13 sts)

**Row 5** Knit

**Row 7** K3, SSK, K3, K2tog, K3 (11 sts)

**Row 9** K1, K2tog, K2, K2tog, K1, SSK, K1 (8 sts)

**Row 11** SSK, K2tog, SSK, K2tog (4 sts)

**Row 12 - 14** Beg with a Purl row, st-st 3 rows

**Row 15** K1, m1, K1, m1, K1, m1, K1 (7 sts)

**Row 17** K1, m1, K2, m1, K1, m1, K2, m1, K1 (11 sts)

**Row 19** K2, m1, K7, m1, K2 (13 sts)

**Row 21** Knit

**Row 23** (SSK) 3 times, K1, (K2tog) 3 times (7 sts)

**Row 25** Cast off

**Nose**

Begin at top edge and with yarn **C** cast on 7 sts

**Row 1** Knit

**Row 2** Purl

**Row 3** SSK, slip 1, K2tog, pssso, K2tog (3 sts) B&T

Attach the nose, as shown in the illustration. Mark eye positions with pins. The eyes are worked in back-stitch. Thread a sewing needle with yarn **C** and tie a knot 5cm from the end of the yarn. Insert the needle into the opening at the base of the head and bring it out in the centre of one of the marked eye positions. Then work a series of small back stitches to build up a circular shaped eye. Fasten off yarn. Then work the other eye in the same way, aiming to make the eyes equally sized. Close the opening at the base of the head. Using yarn **C**, stitch the mouth in place as illustrated. With the right sides of the st-st on the outside, fold the ears in half and neatly oversew the side edges together. Gently curve the ears inwards and sew the ears onto the head securely (the ears are positioned approximately 8cm apart). Position the head onto the neck opening and sew in place.

**Arms (make two)**

Begin at shoulder and with yarn **B** cast on 6 sts

**Row 1** Knit

**Row 2** *Second and every following alternate row:* Purl, unless otherwise stated

**Row 3** K1, m1, K1, m1, K2, m1, K1, m1, K1 (10 sts)

**Row 5** K1, m1, K8, m1, K1 (12 sts)

**Row 7** K1, m1, K10, m1, K1 (14 sts)

**Row 9** K1, m1, K12, m1, K1 (16 sts)

**Rows 10 - 15** Beg with a Purl row, st-st 6 rows

**Row 16** (K1, P1) to end

**Row 17** (P1, K1) to end

**Row 18** (K1, P1) to end

**Rows 19 - 30** Change to yarn **A**, beg with a Knit row, st-st 12 rows

**Row 31** K4, m1, K8, m1, K4 (18 sts)

**Rows 32 - 36** Beg with a Purl row, st-st 5 rows

**Row 37** (K1, K2tog) 6 times (12 sts)

**Row 38** Purl

**Row 39** (K2tog) to end (6 sts) B&T

Working up from the gathered hand, join the side edges of the arm, leaving the top shaped edges open. Stuff the arm, turning and moulding as you work. Attach the arms to the sides of the body by slipstitching around the edges, pushing a little more stuffing in the tops of the arms if necessary.

## Hat

Before you begin make two small balls of yarn **B** from the same original ball

Begin at the bottom of the hat and with yarn **B** cast on 54 sts

**Row 1** (K1, P1) to end

**Row 2** (P1, K1) to end

**Row 3** Knit

*\* Rows 4 - 11 incorporate the instructions for adding ear holes. This requires knitting the hat in 3 sections.*

**Row 4** *1<sup>st</sup> Section* P15, *2<sup>nd</sup> Section* Join the second ball of yarn **B** (this yarn will be named yarn **B2**) in **B2** P24, *3<sup>rd</sup> Section* Join the third ball of yarn **B** (this yarn will be named yarn **B3**), in **B3** P15

**Row 5** In **B3** K15, in **B2** K24, in **B** K15

**Row 6** In **B** P15, in **B2** P24, in **B3** P15

**Row 7** In **B3** K14, m1, K1, in **B2** K1, K2tog, K18, SSK, K1, in **B** K1, m1, K14 (54 sts)

**Row 8** In **B** P16, in **B2** P22, in **B3** P16

**Row 9** In **B3** K16, in **B2** K22, in **B** K16

**Rows 10 - 11** Repeat rows 8 and 9

**Row 12** With yarn **B3** Purl across the stitches of all three sections to join the sections back together

**Rows 13 - 15** Knit 3 rows

**Row 16** *Next and every following alternate row:* Purl

**Row 17** (K2, K2tog, K2) 9 times (45 sts)

**Row 19** (K2, K2tog, K1) 9 times (36 sts)

**Row 21** (K1, K2tog, K1) 9 times (27 sts)

**Row 23** (K1, K2tog) 9 times (18 sts)

**Row 25** (K2tog) 9 times (9 sts) B&T

Working down from the gathered top of the hat, join the side edges. Weave in all the yarn ends.

### Mask

Begin at bottom of mask and with yarn **D** cast on 21 sts

**Rows 1 - 11** (K1, P1) to end (moss stitch)

**Row 12** Cast off

#### Bottom strap

With yarn **D** cast on 58 sts

**Row 1** Cast off

#### Top strap

With yarn **D** cast on 66 sts

**Row 1** Cast off

The top strap is slightly longer than the bottom strap because this strap has to go up and over the ears.

Alternatively, you could crochet two chains for the straps; one measuring approximately 19cm and one measuring approximately 22cm. Sew the straps onto the mask as illustrated. Weave in all the yarn ends.

## Stethoscope

### Tubing, Ear tube and Ear tip

Begin at the bottom of the tubing and with grey yarn cast on 4 sts

**Row 1** (K1, P1) to end

**Row 2** (P1, K1) to end

**Row 3** Change to black yarn, Knit

**Row 4** (K1, P1) to end

**Row 5** (P1, K1) to end

**Rows 6 - 55** Repeat rows 4 and 5, 25 times

**Row 56** (K1, P1) to end

**Row 57** P1, m1, K1, P1, m1, K1 (6 sts)

**Row 58** (K1, P1) to end

**Row 59** P1, K1, m1, P1, K1, m1, P1, K1 (8 sts)

**Row 60** (K1, P1) to end

\* **Row 61** *Right Side* P1, K1, P1, K1, turn (work on these 4 sts)

**Row 62** (K1, P1) to end

**Row 63** (P1, K1) to end

**Row 64** Change to grey yarn, Purl



**Row 65** (P1, K1) to end

**Row 66** (K1, P1) to end

**Rows 67 - 74** Repeat rows 65 and 66, 4 times

**Row 75** (P1, K1) to end

**Row 76** Change to black yarn, Purl

**Row 77** (K1, m1) 3 times, K1 (7 sts)

**Row 78** Purl B&T

\* **Row 61** *Left Side* Re-join black yarn and work as given for the right side from **Row 61** to the end

## Chestpiece

*Large disk* Begin at the outer edge of the disk and with grey yarn cast on 25 sts

**Row 1** (K1, P1) to end

**Row 2** K1, (K2tog) to end (13 sts)

**Row 3** K1, (K2tog) to end (7 sts)

*Small disk* Begin at the outer edge of the disk and with grey yarn cast on 16 sts

**Row 1** K1, (K2tog, K1) to end (11 sts)



Working out from the gathered centre, join the side seams of the disks. Weave in all the yarn ends of the disks, tubing and ear tubes. Working down from the gathered ear tips join the side seams of the ear tubes and stethoscope tubing. Place the larger disk below the end of the tubing and the smaller disk on top of the tubing. Sew the disks in place.