

Knitables

'Thank You' Teddy



Equipment and Materials

One pair of 3.25mm knitting needles (UK10 / US3). Plus, a spare needle or stitch holder

One wool sewing needle

Good quality washable polyester toy filling

Yarn

Head, feet, arms and ears: **Yarn A** DK yarn in the main colour of the teddy bear, approximately 16g (56m)

Head and ears: **Yarn B** DK yarn in the contrast colour of the teddy bear, approximately 5g (18m)

Body, legs, arms and hat: **Yarn C** DK yarn in the colour of scrubs, approximately 35g (70m)

Nose, mouth and eyes: **Yarn D** DK yarn in brown or black, oddment of yarn

Mask: **Yarn E** DK yarn in white, 4g (9m)

Stethoscope: DK yarn in black and grey

Abbreviations

K	Knit
P	Purl
st(s)	Stitch(es)
beg	Beginning
m1	Make one stitch by picking up the horizontal loop before next stitch and knitting into the back of it
Inc 1	Increase one by knitting into the front and back of the stitch
K2 tog	Knit two stitches together
SSK	Slip, slip, knit (Decrease - slip the next stitch on the left needle knitwise, then slip the next stitch on the left needle purlwise. Take the left needle and knit through the front of the two slipped stitches on the right needle)
st-st	Stocking stitch (1 row knit, 1 row purl)
moss	Moss stitch (K1, P1)
B & T	Break yarn, leaving a long end. Thread through remaining stitches on needle, draw up tightly and secure by threading yarn a second time through sts

Measurements

Standing teddy measures approximately 24cm (9½in), from the soles of feet to the top of the hat

Tension

When knitting toys personal knitting tension is not too much of a concern. However, if your knitting tension is generally on the looser side then you may want to move down a needle size to prevent the stuffing from showing through when the teddy is stretched.

Instructions in round brackets

These are to be repeated the number of times stated after the closing bracket.

Making up

To create a neat, invisible seam when joining pieces use a mattress stitch, with right side of work uppermost. When casting on leave a length of yarn that could be used to sew up the seam if required.

Tutorials

For tips and advice on the various stitches and techniques used in this pattern, please refer to the video tutorials on www.knitable.com.

Toy Safety

This adorable bear is sure to become a much loved, child's toy, so please ensure that attached pieces are sewn on very securely and seams are tightly finished off. Use only new, hygienic, washable toy stuffing.

'Thank You' Teddy

Legs and Body

Left Leg

Begin at sole of foot and with yarn **A** cast on 8 sts

Row 1 (K1, Inc 1) 3 times, K2 (11 sts)

Row 2 Purl

Row 3 K1, (m1, K1) 10 times (21 sts)

Row 4 Purl

Row 5 K1, (m1, K2) 10 times (31 sts)

Rows 6 - 14 Beg with a Purl row, st-st 9 rows

Row 15 K4, (K2tog) 2 times, K7, (K2tog) 6 times, K4 (23 sts)

Row 16 Purl

Row 17 Change to yarn **C**, K12, (K2tog) 4 times, K3 (19 sts)

Row 18 Knit through back of loops (*This produces a tight, twisted stitch*)

Row 19 K1, (Inc 1, K2) 6 times (25 sts)

Row 20 Knit through back of loops

Rows 21 - 36 Beg with a Knit row, st-st 16 rows

Row 37 K2tog, K21, SSK (23 sts)

Row 38 Purl

Row 39 K2tog, K19, SSK (21 sts)

Break yarn and leave these stitches on a spare needle or a stitch holder

Right Leg

Work as given for left leg to **Row 14** then continue as follows:

Row 15 K4, (K2tog) 6 times, K7, (K2tog) 2 times, K4 (23 sts)

Row 16 Purl

Row 17 Change to yarn **C**, K3, (K2tog) 4 times, K12 (19 sts)

Then continue as given for the left leg from **Row 18** to the end

Row 40 With the wrong side of both legs facing, Purl across the stitches of the right leg and then Purl across the stitches of the left leg, to join the two legs together (42 sts)

Rows 41 - 42 Beg with a Knit row, st-st 2 rows

Row 43 K6, (m1, K10) 3 times, m1, K6 (46 sts)

Row 44 (K1, P1) to end

Row 45 (P1, K1) to end

Row 46 (K1, P1) to end

Rows 47 - 54 Beg with a Knit row, st-st 8 rows

Row 55 K5, K2tog, K10, K2tog, K8, SSK, K10, SSK, K5 (42 sts)

Rows 56 - 60 Beg with a Purl row, st-st 5 rows

Row 61 K4, K2tog, K9, K2tog, K8, SSK, K9, SSK, K4 (38 sts)

Rows 62 - 64 Beg with a Purl row, st-st 3 rows

Row 65 K7, (K2tog) 3 times, K12, (SSK) 3 times, K7 (32 sts)

Rows 66 - 70 Beg with a Purl row, st-st 5 rows

Row 71 (K2, K2tog, K1) 3 times, K2, (K1, SSK, K2) 3 times (26 sts)

Row 72 *Next and every following alternate row:* Purl

Row 73 (K1, K2tog) 4 times, K2, (SSK, K1) 4 times (18 sts)

Row 75 Cast off

Join the decrease edges at the centre front of the trousers to form the crotch. Using yarn **A**, work a gathering thread through the cast on stitches at the sole of the feet and pull up tightly. Join the seams from the soles of the feet to the top of the trouser legs, using the appropriate coloured yarn. Stuff the foot and trouser leg firmly, shaping as you go. Now join the centre back seam, leaving the cast off edge open. Stuff the body firmly, turning and moulding as you work.

Head

You can knit the head and ears in one colour or in contrasting colours for the snout and inner ear. If you would like to knit the bear in one colour, simply use yarn **A** throughout and ignore the pattern when it says change yarn colour.

Begin at end of nose and with yarn **B** cast on 7 sts

Row 1 (Inc 1) 6 times, K1 (13 sts)

Row 2 *Second and every following alternate row:* Purl

Row 3 K1, (m1, K2) 6 times (19 sts)

Row 5 K3, (m1, K2) 8 times (27 sts)

Row 7 K1, m1, K10, m1, K5, m1, K10, m1, K1 (31 sts)

Row 9 K1, m1, K12, m1, K5, m1, K12, m1, K1 (35 sts)

Row 11 Change to yarn **A** K4, (K1, K2tog) 3 times, K9, (SSK, K1) 3 times, K4 (29 sts)

Row 13 K10, m1, K2, m1, K5, m1, K2, m1, K10 (33 sts)

Row 15 K11, m1, K2, m1, K7, m1, K2, m1, K11 (37 sts)

Row 17 K11, m1, K2, m1, K2, m1, K7, m1, K2, m1, K2, m1, K11 (43 sts)

Row 19 K3, (m1, K2) 8 times, K5, (K2, m1) 8 times, K3 (59 sts)

Row 20 - 32 Beg with a Purl row, st-st 13 rows

Row 33 K4, (K2tog, K5) 7 times, K2tog, K4 (51 sts)

Row 34 *Next and every following alternate row:* Purl

Row 35 K3, (K2tog, K4) 8 times (43 sts)

Row 37 K3, (K2tog, K3) 8 times (35 sts)

Row 39 K2, (K2tog, K2) 8 times, K1 (27 sts)

Row 41 K2, (K2tog, K1) 8 times, K1 (19 sts)

Row 43 K1, (K2tog) 9 times (10 sts) B&T



Work a gathering thread through the cast on stitches at the nose, pull up tightly and join the seam from the nose to the chin. Then working down from the gathered back of head, join the seam, leaving an opening of approximately 2.5cm at the base of the head. Fill the head with small amounts of stuffing at a time, taking care to push the stuffing well into the nose to shape it. Take time to mould and squash the stuffing into the desired shape. The head should be firm to the touch but avoid overstretching the stitches.

Ears *(make two)*

Begin at the base of the ear and with yarn **A** cast on 7 sts

Row 1 (K1, Inc 1) 3 times, K1 (10 sts)

Row 2 *Next and every following alternate row:* Purl

Row 3 K2, m1, K3, m1, K3, m1, K2 (13 sts)

Row 5 Knit

Row 7 K3, SSK, K3, K2tog, K3 (11 sts)

Row 9 K1, K2tog, K2, K2tog, K1, SSK, K1 (8 sts)

Row 11 SSK, K2tog, SSK, K2tog (4 sts)

Row 12 - 13 Beg with a Purl row, st-st 2 rows

Row 14 Change to yarn **B**, Purl

Row 15 K1, m1, K2, m1, K1 (6 sts)

Row 17 K1, m1, K1, m1, K2, m1, K1, m1, K1 (10 sts)

Row 19 K2, m1, K6, m1, K2 (12 sts)

Row 21 Knit

Row 23 K1, (SSK) 2 times, (K2tog) 3 times, K1 (7 sts)

Row 25 Cast off



Nose

Begin at top edge and with yarn **D** cast on 6 sts

Row 1 Knit

Row 2 Purl

Row 3 SSK, K2tog, K2tog (3 sts) B&T

Attach the nose, as shown in the illustration. Mark eye positions with pins. The eyes are worked in back-stitch. Thread a sewing needle with yarn **D** and tie a knot 5cm from the end of the yarn. Insert the needle into the opening at the base of the head and bring it out in the centre of one of the marked eye positions. Then work a series of small back stitches to build up a circular shaped eye. Fasten off yarn. Then work the other eye in the same way, aiming to make the eyes equally sized. Close the opening at the base of the head. Using yarn **D**, stitch the mouth in place as illustrated. With the right sides of the st-st on the outside, fold the ears in half and neatly oversew the side edges together. Gently curve the ears inwards and sew the ears onto the head securely (the ears are positioned approximately 8cm apart). Position the head onto the neck opening and sew in place. To prevent the head from being too wobbly you will need sew around the neck 3 – 4 times.

Arms *(make two)*

Begin at shoulder and with yarn **B** cast on 6 sts

Row 1 Knit

Row 2 *Second and every following alternate row:* Purl, unless otherwise stated

Row 3 K1, m1, K1, m1, K2, m1, K1, m1, K1 (10 sts)

Row 5 K1, m1, K8, m1, K1 (12 sts)

Row 7 K1, m1, K10, m1, K1 (14 sts)

Row 9 K1, m1, K12, m1, K1 (16 sts)

Rows 10 - 15 Beg with a Purl row, st-st 6 rows

Row 16 (K1, P1) to end

Row 17 (P1, K1) to end

Row 18 (K1, P1) to end

Rows 19 - 30 Change to yarn **A**, beg with a Knit row, st-st 12 rows

Row 31 K4, m1, K8, m1, K4 (18 sts)

Rows 32 - 36 Beg with a Purl row, st-st 5 rows

Row 37 (K1, K2tog) 6 times (12 sts)

Row 38 Purl

Row 39 (K2tog) to end (6 sts) B&T

Working up from the gathered hand, join the side edges of the arm, leaving the top shaped edges open. Stuff the arm, turning and moulding as you work. Attach the arms to the sides of the body by slipstitching around the edges, pushing a little more stuffing in the tops of the arms if necessary.

Hat

Before you begin make two small balls of yarn **C** from the same original ball

Begin at the bottom of the hat and with yarn **C** cast on 54 sts

Row 1 (K1, P1) to end

Row 2 (P1, K1) to end

Row 3 Knit

** Rows 4 - 11 incorporate the instructions for adding ear holes. This requires knitting the hat in 3 sections.*

Row 4 *1st Section* P15, *2nd Section* Join the second ball of yarn **C** (this yarn will be named yarn **C2**) in **C2** P24, *3rd Section* Join the third ball of yarn **C** (this yarn will be named yarn **C3**), in **C3** P15

Row 5 In **C3** K15, in **C2** K24, in **C** K15

Row 6 In **C** P15, in **C2** P24, in **C3** P15

Row 7 In **C3** K14, m1, K1, in **C2** K1, K2tog, K18, SSK, K1, in **C** K1, m1, K14 (54 sts)

Row 8 In **C** P16, in **C2** P22, in **C3** P16

Row 9 In **C3** K16, in **C2** K22, in **C** K16

Rows 10 - 11 Repeat rows 8 and 9

Row 12 With yarn **C3** Purl across the stitches of all three sections to join the sections back together

Rows 13 - 15 Knit 3 rows

Row 16 *Next and every following alternate row:* Purl

Row 17 (K2, K2tog, K2) 9 times (45 sts)

Row 19 (K2, K2tog, K1) 9 times (36 sts)

Row 21 (K1, K2tog, K1) 9 times (27 sts)

Row 23 (K1, K2tog) 9 times (18 sts)

Row 25 (K2tog) 9 times (9 sts) B&T

Working down from the gathered top of the hat, join the side edges. Weave in all the yarn ends.

Mask

Begin at bottom of mask and with yarn E cast on 21 sts

Rows 1 - 11 (K1, P1) to end (moss stitch)

Row 12 Cast off

Bottom strap

With yarn E cast on 58 sts

Row 1 Cast off

Top strap

With yarn E cast on 66 sts

Row 1 Cast off

The top strap is slightly longer than the bottom strap because this strap has to go up and over the ears.

Alternatively, you could crochet two chains for the straps; one measuring approximately 19cm and one measuring approximately 22cm. Sew the straps onto the mask as illustrated. Weave in all the yarn ends.

Stethoscope

Tubing, Ear tube and Ear tip

Begin at the bottom of the tubing and with grey yarn cast on 4 sts

Row 1 (K1, P1) to end

Row 2 (P1, K1) to end

Row 3 Change to black yarn, Knit

Row 4 (K1, P1) to end

Row 5 (P1, K1) to end

Rows 6 - 55 Repeat rows 4 and 5, 25 times

Row 56 (K1, P1) to end

Row 57 P1, m1, K1, P1, m1, K1 (6 sts)

Row 58 (K1, P1) to end

Row 59 P1, K1, m1, P1, K1, m1, P1, K1 (8 sts)

Row 60 (K1, P1) to end

* **Row 61** *Right Side* P1, K1, P1, K1, turn (work on these 4 sts)

Row 62 (K1, P1) to end

Row 63 (P1, K1) to end

Row 64 Change to grey yarn, Purl

Row 65 (P1, K1) to end

Row 66 (K1, P1) to end

Rows 67 - 74 Repeat rows 65 and 66, 4 times

Row 75 (P1, K1) to end

Row 76 Change to black yarn, Purl

Row 77 (K1, m1) 3 times, K1 (7 sts)

Row 78 Purl B&T

* **Row 61** *Left Side* Re-join black yarn and work as given for the right side from **Row 61** to the end

Chestpiece

Large disk Begin at the outer edge of the disk and with grey yarn cast on 25 sts

Row 1 (K1, P1) to end

Row 2 K1, (K2tog) to end (13 sts)

Row 3 K1, (K2tog) to end (7 sts)

Small disk Begin at the outer edge of the disk and with grey yarn cast on 16 sts

Row 1 K1, (K2tog, K1) to end (11 sts)



Working out from the gathered centre, join the side seams of the disks. Weave in all the yarn ends of the disks, tubing and ear tubes. Working down from the gathered ear tips join the side seams of the ear tubes and stethoscope tubing. Place the larger disk below the end of the tubing and the smaller disk on top of the tubing. Sew the disks in place.